

## How to Quickly and Easily Insulate Rim Joists

Insulating rim joists with Foam it Green is quick and easy to do. Plus the benefits range from much lower utility bills to reduced sound transfer.

By using closed cell Foam it Green, you create a **seamless air barrier** and high r-value that will keep your home much warmer than before in the winter and much cooler in the summer.

The rigid foam creates a **pest barrier** that helps keep insects and rodents out. And because it **never sags nor settles**, once it's in place, it's done, unlike fiberglass. Plus, you're much less likely to have mold issues with the anti-microbial formula.

## **Instructions:**

- 1) Follow all of the instructions in the included instruction manual regarding proper Foam it Green setup, project area preparation, and substrate readiness. Make sure that you have all of the tools required for the job (see Tools).
- 2) Make sure joist bays are dry, broom clean, and in the correct temperature range.
- **3)** Apply closed cell foam to achieve 1" cured layers to desired thickness, sprayed directly to the rim joist bay, connecting any seams at the sill plate up to the subfloor. (*Fig. 1*)

## **TOOLS:**

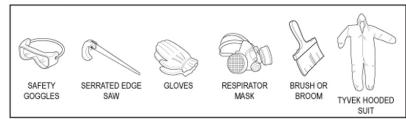
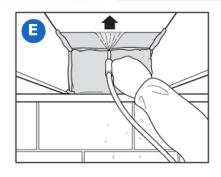


FIG. 1:
SUBFLOOR RIM JOIST FLOOR JOIST SIL PLATE

C

D



RIM JOIST

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